Name :



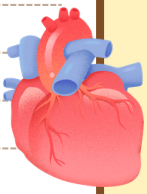
HEALTH SCHEDULE

Write down one action per day that you did that relates to one of the internal organs that you learned about.

Monday



Tuesday

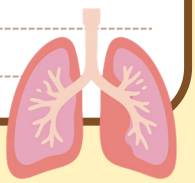


Wednesday

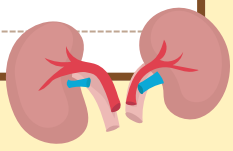


Thursday

Friday



Saturday



Suggestions



Did you eat or digest anything? You must have used the intestines!
Did you drink any water or pee? You must have used your kidneys!
Did you breath? You must have used your lungs!